

# 2019 JANUARY

CALENDAR YEAR / MONTH

SUNDAY

| Sunday | Monday  | Tuesday                           | Wednesday                                     | Thursday                  | Friday                        | Saturday                   |
|--------|---|-----------------------------------|---|---------------------------|-------------------------------|----------------------------|
| 30     | 31  | 01                                | 02<br>Balance & Power 8:30 AM<br>ZUMBA 5:30PM | 03<br>Barre Blend 6:00 PM | 04<br>Balance & Power 8:30 AM | 05<br>ZUMBA Toning 9:30 AM |
| 06     | 07<br>Yoga Pro Active &<br>8:45 AM<br>ZUMBA 5:45 PM | 08<br>Flex<br>Barre Blend 6:00 PM | 09<br>Balance & Power 8:30 AM<br>ZUMBA 5:30PM | 10<br>Barre Blend 6:00 PM | 11<br>Balance & Power 8:30 AM | 12<br>ZUMBA 9:30 AM        |
| 13     | 14<br>Yoga Pro Active &<br>8:45 AM<br>ZUMBA 5:45 PM | 15<br>Flex<br>Barre Blend 6:00 PM | 16<br>Balance & Power 8:30 AM<br>ZUMBA 5:30PM | 17<br>Barre Blend 6:00 PM | 18<br>Balance & Power 8:30 AM | 19<br>ZUMBA Toning 9:30 AM |
| 20     | 21<br>Yoga Pro Active &<br>8:45 AM<br>ZUMBA 5:45 PM | 22<br>Flex<br>Barre Blend 6:00 PM | 23<br>Balance & Power 8:30 AM<br>ZUMBA 5:30PM | 24<br>Barre Blend 6:00 PM | 25<br>Balance & Power 8:30 AM | 26<br>ZUMBA 9:30 AM        |
| 27     | 28<br>Yoga Pro Active &<br>8:45 AM<br>ZUMBA 5:45 PM | 29<br>Flex<br>Barre Blend 6:00 PM | 30<br>Balance & Power 8:30 AM<br>ZUMBA 5:30PM | 31<br>Barre Blend 6:00 PM | 01                            | 02                         |
| 03     | 04  | 05                                | 06  | 07                        | 08                            | 09                         |