

# 2022 MAY

SUNDAY

CALENDAR YEAR / MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01	02 8:30 AM Silver Sneakers	03 5:30 PM Total Body Circuit	04	05 9:00 AM Silver Sneakers 5:30 PM Total Body Circuit	06	07
08	09 8:30 AM Silver Sneakers	10 5:45 PM Total Body Circuit	11	12 8:30 AM Silver Sneakers 5:45 PM Total Body Circuit	13	14
15	16 8:30 AM Silver Sneakers	17 5:45 PM Total Body Circuit	18	19 8:30 AM Silver Sneakers 5:45 PM Total Body Circuit	20	21
22	23 8:30 AM Silver Sneakers	24	25	26 8:30 AM Silver Sneakers	27	28
29	30 8:30 AM Silver Sneakers	31 5:45 PM Total Body Circuit	01	02 8:30 AM Silver Sneakers 5:45 PM Total Body Circuit	03	04