

# 2022 OCTOBER

SUNDAY

CALENDAR YEAR / MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29 <b>8:30 AM Silver Sneakers</b>	30	01
02	03 <b>8:30 AM Silver Sneakers</b>	04	05	06 <b>8:30 AM Silver Sneakers</b>	07	08
09	10 <b>8:30 AM Silver Sneakers</b>	11	12	13 <b>8:30 AM Silver Sneakers</b>	14	15
16	17 <b>8:30 AM Silver Sneakers</b>	18	19	20 <b>8:30 AM Silver Sneakers</b>	21	22
23	24 <b>8:30 AM Silver Sneakers</b>	25	26	27 <b>8:30 AM Silver Sneakers</b>	28	29