

2024 JULY

SUNDAY

CALENDAR YEAR / MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	01 8:30 AM FIT for Life	02	03	04 8:30 AM FIT for Life	05	06
07	08 8:30 AM FIT for Life	09	10	11 8:30 AM FIT for Life	12	13
14	15 8:30 AM FIT for Life	16	17	18 8:30 AM FIT for Life	19	20
21	22 8:30 AM FIT for Life	23	24	25 8:30 AM FIT for Life	26	27
28	29 8:30 AM FIT for Life	30	31	01 8:30 AM FIT for Life	02	03