

2025 JANUARY

SUNDAY

CALENDAR YEAR / MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 8:30 AM FIT for Life	31	01	02 8:30 AM FIT for Life	03	04
05	06 8:30 AM FIT for Life	07	08	09 8:30 AM FIT for Life	10	11
12	13 8:30 AM FIT for Life	14	15	16 8:30 AM FIT for Life	17	18
19	20 8:30 AM FIT for Life	21	22	23 8:30 AM FIT for Life	24	25
26	27 8:30 AM FIT for Life	28	29	30 8:30 AM FIT for Life	31	01